Volume 9, Number 3 February 12-25, 1994

UCSF Newsbreak

Page 3 ... Work of new Rainin Center will help asthma sufferers

Page 3 ... PSA tests for prostate cancer not what they should be

Page 3 ... Can we trust the reliability of T-cell counts?

Black Nurses Symposium Feb. 25; workshop Feb. 24

How institutional racism affects the health care and education of African Americans

How institutional racism affects the health care and education of African Americans will be discussed at the School of Nursing's eighth annual Black Nurses Symposium, Friday, February 25, at the Oakland Convention Center, Broadway and 10th Streets. The event caps a month of events UCSF is sponsoring to honor Black Heritage Month.

At the symposium, African-American nursing leaders from around the country will examine the relationship between institutional racism and negative health outcomes for mothers and children, and patients with cancer, AIDS and mental health problems. Speakers also will discuss how African-American nurses in administration and education can confront institutional racism.

Another of the goals of the symposium is to encourage African Americans to choose nursing as a career, or for those already in the field, to pursue advanced degrees necessary for leadership positions. On the eve of the symposium, Thursday, February 24, from 1 to 5 p.m., a free workshop in Toland Hall will be conducted for all persons interested in pursuing or furthering a nursing career.

DeLois Weekes, UCSF assistant professor of family health care nursing, will coordinate the workshop, which will cover career options and mobility, negotiating the educational system, educational survival skills, and financial aid sources.

Recent national data show that African Americans are underrepresented in academic nursing. Nationally, only 7.4 percent of students in undergraduate nursing programs, 4.8 percent in master's, and 3.1 percent in doctoral series are African American. This translates into too few African Americans in nursing leadership positions who can influence the health care system and improve care in the African-American community, says Weekes.

DeLois Weekes (right), who is coordinating the workshop

The following are the speakers and topics for the February 25 symposium:

- Keynote speaker Rhetaugh Dumas, professor and dean, University of Michigan School of Nursing, Ann Arbor. "Institutional Racism & Health Care." 9:15 a.m.
- Veronica A. Clarke-Tasker, National Cancer Institute's Cancer Prevention & Early Detection for Nurses Working with Black Americans Grant. "Institutional Racism & Education." 10:45 a.m.
- Cheryl Garcia, UCSF assistant clinical professor and administrator, Queen of the Valley Hospital in Napa, who will discuss adminis-

(continued on page 2)

Steve Barclay is new Vice Chancellor

Chancellor Joseph B. Martin today announced that he will ask the UC Board of Regents to appoint Steve Barclay as vice chancellor-administration.

Barclay will be responsible for overall coordination of campus administrative activities at UCSF. He currently serves as associate vice chancellor for business and administrative services at UC Berkeley.

At UCSF, Barclay will serve as a member of the chancellor's senior administrative team with responsibility for UCSF's $1.1 billion annual budget and units employing approximately 1,340 people. Specific responsibilities of the position include business and fiscal services, human resources, facilities management, and all administrative units, including audit, legal coordination, public safety, and risk management.

Barclay begins April 1, pending Regents' approval. His appointment and salary will be considered by the Regents at their March meeting.

"Steve Barclay brings the combination of skills and experience necessary to manage

(continued on page 6)

Interventional radiologist Hieshima honored with Royer Award

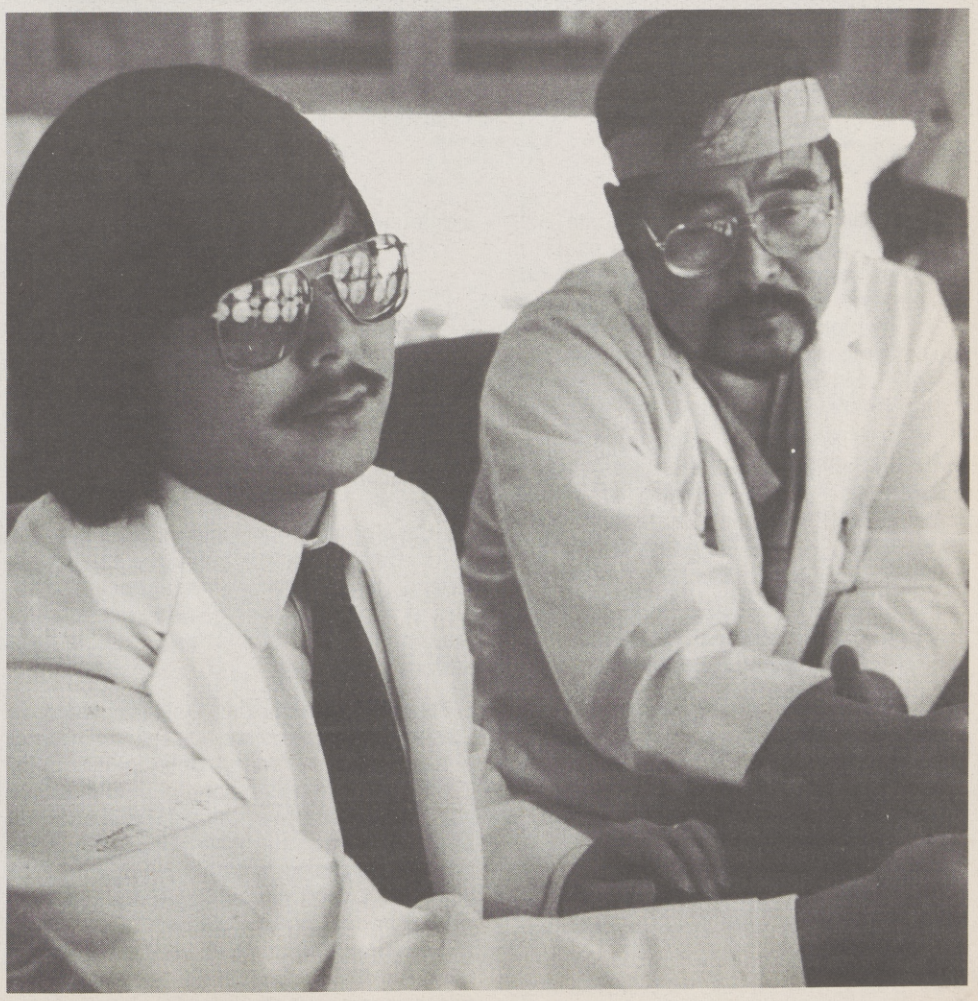
Grant B. Hieshima, professor of radiology and neurological surgery, has received the 30th annual J. Elliott Royer Award.

The UC Board of Regents established the Royer Award in memory of the late Oakland physician who left an endowment to recognize significant contributions in psychiatry and neurology. It is presented each year to a physician practicing in San Francisco or the East Bay. Hieshima received the award, which carries a $40,000 prize, at a campus ceremony January 31 at UCSF.

Hieshima was honored for pioneering many of today's interventional radiology treatments for complex vascular disorders in the brain. He and his UCSF colleagues, for example, are world leaders in the use of tiny balloons they designed to open constricted blood vessels or block aneurysms in the brain, saving lives and helping restore normal function to patients with symptoms ranging from partial paralysis to coma.

Among other innovative projects now under way, Hieshima's group is developing new treatments for stroke, using catheters inserted into the brain to administer drugs to open clots and using balloons to open brain vessels clogged with atherosclerotic plaque.

Hieshima received his MD from Tulane University School of Medicine in 1969. After completing residency and fellowship training, he joined the UCLA faculty. In 1986, he was recruited to head the Division of Interventional Neurovascular Radiology at UCSF. The author of more than 150 scientific papers and 45 book chapters, he is a member of many prestigious medical organizations.



Grant Hieshima (right) and neuroradiologist Randall Higashida

Patients benefit from a spectrum of experimental therapies

SFGH General Clinical Research Center relocates to Ward 5B

With much fanfare, the General Clinical Research Center at SFGH was officially reopened on January 28 in an attractive new, state-of-the-art unit at the hospital on Ward 5B. Former and present patients were there to celebrate, as well as physicians and staff throughout the hospital and at UCSF.

Why all the excitement?

Last month, the 32-year-old, federally-funded center moved from an isolated research building on the SFGH campus, which greatly expanded the research possibilities of the center, allowing more patients to participate in clinical trials, says Morris Schambelan, who directs the center. Because of the greater availability of medical staff in the new unit, researchers will be able to conduct studies involving sicker patients, such as trauma patients and those in the intensive care unit, he says.

With the addition of a separate outpatient unit, the center also is expected to increase the number of outpatient visits from 2,000 to as many as 5,000 a year, Schambelan says. The inpatient unit houses about 300 patients a year who stay anywhere from one to 49 days.

The GCRC is a unique research facility where investigators can test new therapies and do carefully controlled studies on patients who can be monitored round-the-clock for physiological changes. Patients take part in studies that involve everything from the impact of cocaine exposure on babies to the effects of lead and ozone in the body to new treatments for sickle cell anemia and AIDS.

Currently there are some 50 studies planned or under way at the GCRC by 20 investigators from different disciplines. A sampling of patient cases might best illustrate the impact the GCRC has had on health care:

- In 1989, Petaluma resident Jack Williams collapsed on the front steps of his office building in San Francisco and was rushed to Kaiser Permanente Medical Center. His con-

(continued on page 2)

Mission Health Fair February 26

Free health screenings and information will be offered to residents of the Mission at a health fair on Saturday, February 26, from 9 a.m. to 4 p.m., at the Mission Neighborhood Health Center, 240 Shotwell Street (at 16th). The fair is sponsored by the Mission Neighborhood Health Center, the Associated Students of UCSF, and Chicanos and Latinos in Health Education at UCSF.

Free health services, provided by UCSF students and other health professionals, will include anonymous HIV testing, immunizations, and screening for high blood pressure, cholesterol, diabetes, TB, and prostate and testicular cancer. Limited physical and dental examinations will be offered.

Mammograms, breast exams and instruction in breast self-examination also will be available. Appointments for mammograms must be made one week in advance by calling 552-3870. There also will be information about AIDS, how to quit smoking, and other health topics.

For further information, call 552-3870.

Gazette

Honors & Awards

Sol Silverman, Jr.: Received the 1993 Distinguished Faculty Award, American College of Dentists, Northern California Section. Silverman is professor & chair, stomatology.

Publications

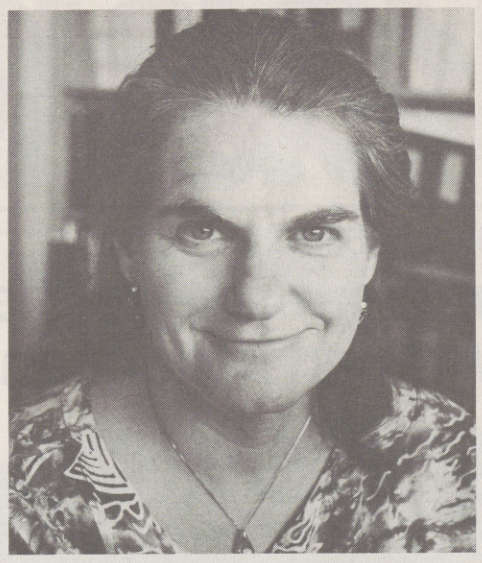
UCSF Academic Geriatric Resource Center: Compiled *Resources in Geriatrics & Gerontology at UCSF, 2nd ed.* (UCSF Reprographics, 1993). The guide provides a listing of educational and training activities, research and services related to gerontology, geriatrics and aging on campus. Editors are Barbara M. Barer, staff research associate, medical anthropology, who is the project's coordinator; Susan B. Kornblatt, coordinator of the Academic Geriatric Resource Center; Joseph C. Barbaccia, professor & vice chair, family & community medicine, and medical director, Memory Clinic & Alzheimer's Center, who chairs the Coordinating Committee for Campus-Wide Projects in Aging.

In Memoriam

Eric Owyang: Clinical professor & externship coordinator, clinical pharmacy, and former chief pharmacist. In 1978, he received the Chancellor's Award for Public Service and the Thomas N. Burbridge Award, which recognized "his long-standing contribution to the social and educational needs of his community and for his dedication to equal opportunity for students." Owyang was a founder and the first president of the UCSF Retirees Association. An active participant in community affairs, he was vice chair of the United Way and was on the board of the San Francisco Heart Association in 1978, the same year he received the UC Pharmacy Alumni Award. A graduate of UCB and the UCSF School of Pharmacy, in 1989 he was made an honorary member of the California Society of Hospital Pharmacists. He was 75. A campus memorial service will take place on Tuesday, February 15 from 3 to 5 p.m. in the Millberry Conference Center. Memorial contributions may be made to the UC Regents in memory of Eric Owyang, c/o Lorie Rice, UCSF School of Pharmacy, SF, CA 94143-1204.

John J. Molnar: Professor, pathology, retired in 1992. In addition to his academic and clinical duties on campus, he was director of the pathology course taught at the California College of Podiatric Medicine, a UCSF obligation. Molnar was a professor of pathology at the Albert Einstein College of Medicine beginning in 1958 and was principally responsible for cytology, surgical pathology and ob/gyn pathology at Bronx Hospital. He joined the UCSF faculty as a clinical professor in 1982. A native of Hungary and a graduate of the Semmelweis University of Medicine in Budapest, Molnar came to the United States in 1956 to escape the Soviet invasion of Hungary. He authored many scientific articles and was a member of the International Academy of Pathology and the College of American Pathologists. Memorial donations may be made to the UCSF Foundation for Cardiac Research, c/o Kanu Chatterjee, SF, CA 94143-0124.

Gross, Watson receive AAAS Awards



Gross

Watson

Carol A. Gross and John A. Watson will receive awards from the American Association for the Advancement of Science (AAAS) for their work bringing underrepresented groups, such as women, people from certain ethnic groups and people with disabilities, into science.

Gross, professor, oral biology, will receive the 1993 AAAS Mentor Award, which honors individuals who, during a period of 10 years or less, have demonstrated extraordinary leadership in increasing the participation of underrepresented groups in science and engineering fields and careers. Gross has guided 32 young scientists at the University of Wisconsin, Madison, and UCSF. Of the 10 mentored through completion of their PhDs, six were from underrepresented groups.

Watson, professor, biochemistry & biophysics, will be a co-recipient of the 1993 AAAS Mentor Award for Lifetime Achievement. He was honored for designing innovative programs to improve the recruitment process for students from underrepresented groups. One such program is the Summer Research Training Program for Minority Students, which has been bringing minority undergraduates to campus to do research since 1978. Watson is credited with guiding the careers of more than 200 people — 10 students who subsequently earned PhDs and 21 students who currently are pursuing PhDs at various institutions.

Both Gross and Watson will receive their awards at the AAAS Annual Meeting on February 17 at the San Francisco Hilton.

At the opening of the new GCRC (left to right) head nurse Dorothy Smirle, director Morris Schambelan, and patient Andy Ross of San Francisco, who suffers from aldosteronism, a condition where his body produces too much of the hormone aldosterone, resulting in high blood pressure and low potassium.

GCRC *(from page 1)*

dition stabilized and he was sent home, only to have three more similar crises occur all resulting in hospitalization. He lost 40 pounds and became so weak that he was unable to work. His memory was so impaired that he could not recall which US president had been assassinated in Texas.

It was in the GCRC that doctors were able to sort out his medical mystery. "It was only after close questioning that we discovered that Jack ate a box of licorice every day and was suffering from licorice intoxication," says his physician Edward Biglieri, former GCRC director.

• At age 16, Britt Pruyn was bedridden and being fed through a tube in his stomach due to a rare condition known as autonomic nervous system failure, in which the nerves that control blood vessels are damaged or destroyed. His blood pressure had been so severely affected that whenever Britt sat up or stood, the pressure would plummet, the blood would pool in his legs, and he would pass out. At the GCRC, his doctor, Neal Benowitz had been researching autonomic nervous system failure for some years and had an ongoing study to test various approaches to severe blood pressure problems. During Britt's week in the GCRC in the summer of 1993, he was fed fluids and given a different drug each day.

Three weeks later, he was walking again.

• Since 1991, when he had his first bout with pneumocystis carinii pneumonia, AIDS patient Steven Mehalko, a 44-year-old San Francisco physician, had dropped almost 25 pounds, and along with it, a good bit of his usual energy. He decided to try a novel approach to gaining weight, joining a UCSF test group of patients at the GCRC who were being given bioengineered human growth hormone as a possible weight-gain therapy.

As a benefit of taking part in the study, he is getting growth hormone treatments for free, and as a result, he has gained nine pounds, most of it in lean body mass, and he feels stronger.

• Twenty-nine-year-old Oakland resident Danielle Riley has both sickle cell anemia and a blood disease called beta thalassemia. Throughout her college and graduate school years, she was hospitalized several times each year for painful sickle cell episodes and serious infections. In 1992, she began coming to the GCRC to receive an experimental drug for sickle cell anemia — called hydroxyurea — that doctors hope will reduce the pain of this debilitating and sometimes fatal disease, says physician Stephen Embury, who is involved in the nationwide trials.

A poster contest — "Everything at Grandma's Isn't Candy"

In children under age six, more than one-third of poisonings from prescription drugs involve grandparents' medications, according to a study by the US Consumer Product Safety Commission. The study found that grandparents often had prescription vials or loose pills out on tables and countertops or in purses and pockets, where curious young hands can ferret them out.

"So many of the prescription drugs that grandparents take can be lethal to kids, like medications for heart problems or high blood pressure," says Elise Stone, health education coordinator with the SF Bay Area Regional Poison Control Center.

Recognizing this problem, the Poison Control Center is sponsoring a children's poster contest with the theme, "Everything at Grandma's Isn't Candy." The contest, being held in conjunction with National Poison Prevention Week, is open to fourth- and fifth-graders throughout the Bay Area. The top three prize winners will receive savings bonds of $100, $75 and $50, respectively.

Young contestants are asked to design bright and bold 12-by-18-inch artworks that demonstrate the theme. Entries must be submitted between February 14 and 28 to Renee Cheney-Cohen, San Francisco Safe Kids Coalition, 680 8th Street, Suite 200, San Francisco, CA 94103.

Entries will be judged in early March at SFGH, which houses the Poison Control Center. The top 33 entries will be displayed at City Hall from March 21 to 24, which coincides with Poison Prevention Week.

For more information on the poster contest, call Stone at 206-8554. For poisoning emergencies, the toll free hotline number is 1-800-523-2222.

The contest is sponsored by the Poison Control Center, San Francisco Safe Kids Coalition, the GAP, the Alameda County Safe Kids Coalition, the San Mateo County Childhood Injury Prevention Project, the Golden Gate Society of Hospital Pharmacists, the San Mateo County Pharmacists Association and the Pharmacists Society of San Francisco.

Nurses symposium

(from page 1)

tration. 1:30 p.m.

• Charlie Jo Morgan, professor at the Loma Linda University School of Nursing, who will address education. 1:45 p.m.

• Mary Magee Gullatte, head nurse, Emory University Hospital, Atlanta, who will discuss cancer care. 2 p.m.

• Cassandra Worthington, VAMC in San Francisco, whose topic is mental health. 2:30 p.m.

• Nan Green, UCSF assistant professor of family health care nursing, who will discuss maternal and child health. 2:45 p.m.

• Christopher Coleman, doctoral student in the UCSF School of Nursing, who will address HIV care. 3 p.m.

• Ophelia Long, chief executive officer, Highland General Hospital, Oakland, will present a summary of issues presented at the symposium. 3:30 p.m.

The registration fee for the February 25 event is $50; $15 for students. The February 24 workshop is free. For information, or to register for either or both, call 476-4897.

For other UCSF events celebrating Black Heritage Month, see the *Today & Tomorrow* calendar, page 4.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover February 26-March 11, will be on **Monday, February 14, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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Standardization of prostate cancer screening tests urged

The commercially available screening tests for prostate cancer need to be standardized in order to avoid a missed diagnosis or a false positive result that could lead to unnecessary and costly procedures in patients, says UCSF's Howard C.B. Graves, a physician at SFGH.

The tests now on the market screen for the presence of prostate-specific-antigen (PSA), a protein that is found in the bloodstream at increased levels when tumor cells are present in the prostate gland. Recent studies indicate that a rapidly rising level of PSA in the blood may be the earliest sign of prostate cancer, so monitoring PSA changes makes it possible to detect this common and potentially fatal cancer at a curable stage, says Graves.

Unfortunately, there are different tests for PSA which may give varying results on the same patient. Thus, if a patient is tested with one PSA test one year and a different PSA test the next year, the results may not be comparable, and doctors may get an inaccurate picture of whether cancer is present or not, Graves says.

That could mean the cancer may be missed altogether, he says. In other cases, doctors may suspect presence of a tumor where none exists, and patients will undergo costly and unnecessary diagnostic procedures, such as transrectal ultrasound or a prostate biopsy.

Chickenpox vaccine could save US $400 million a year

A routine program to immunize all healthy preschool-age children against chickenpox would save the US nearly $400 million a year, mostly in lost wages to parents who must stay at home to soothe their sore and itchy youngsters, according to a new UCSF study.

From the societal perspective, which includes work-loss and medical costs, a chickenpox vaccine program would be cost-effective, saving more than $5 for every dollar invested in vaccination, researchers estimate. However, the study found that from a health payer's perspective, which would consider only medical expenses, the program would not save money, instead costing $2 per chickenpox case prevented.

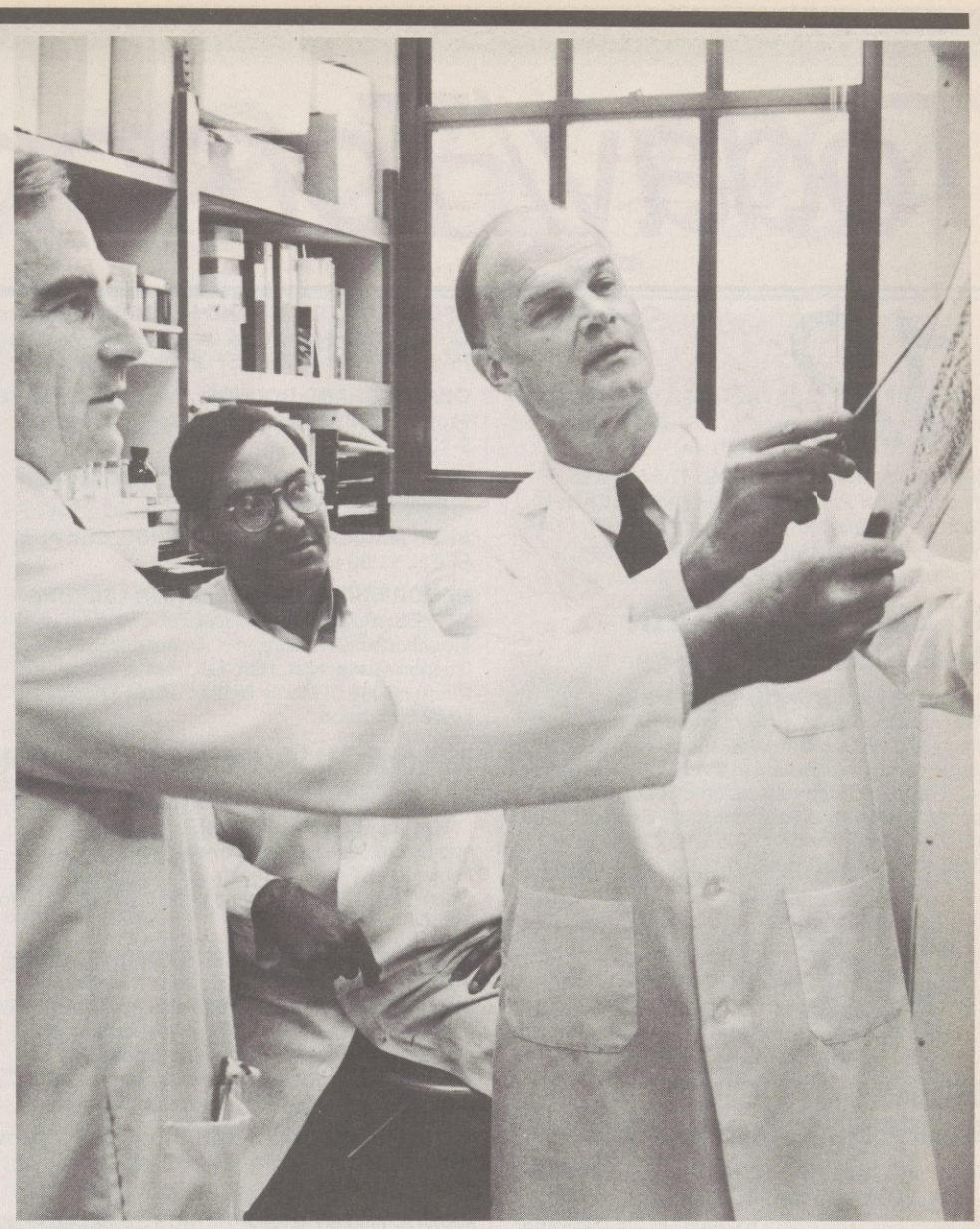
The study by pediatrician Tracy A. Lieu, who recently was a postgraduate fellow with the Robert Wood Johnson Clinical Scholars Program, is published in the February 2 issue of the *Journal of the American Medical Association (JAMA)*. Chickenpox is one of the last major childhood diseases for which there is no vaccine. A new vaccine against the varicella virus, which causes chickenpox, however, has been tested clinically, and is being reviewed by the FDA. If the FDA agrees that the vaccine is safe and effective, it could be approved for marketing, and health care providers will turn to federal health officials for guidelines on its use.

SFGH hosts Leadership SF tour

SFGH played host to Leadership San Francisco recently by offering tours of its facilities. Leadership San Francisco is sponsored by the SF Chamber of Commerce and the Leadership San Francisco Council.

Committed to developing leaders who are knowledgeable and concerned about the city and its well being, the program lasts from September through June, and includes such topics as health care and social issues, government and housing.

The program accepts approximately 40 people each year who represent a cross section of San Franciscans. One of the members this year is Kathleen Pappas of UCSF Public Affairs.



(Left to right) Ed Goetzl, director of the Rainin Center, researcher Sunil Sreedharan and Ben Kaltrieder, who directs pulmonary medicine at the VAMC, review the results of a sequence analysis.

New Directory of HIV Clinical Trials; Consortium forum March 3

The Community Consortium has announced its fifth edition of *The Directory of HIV Clinical Trials in the Bay Area.* The first directory was published in January 1989 and contained short listings of 23 clinical trials with a limited distribution. Now, the directory contains comprehensive lay English descriptions of over 100 trials along with several resource sections. The Consortium is distributing 10,000 issues of this fifth anniversary edition to individuals, medical clinics and offices, and AIDS service organizations free of charge. For a copy call Nicolé Mandel, 476-7147.

Meanwhile, the Community Advisory Forum of the Consortium is sponsoring an educational forum on Thursday, March 3, from 6:30 to 8:30 p.m. at the Davies Medical Center Gazebo Room, Castro and Duboce Streets. The event is designed to help people who are considering joining HIV clinical trials, or who would like more information about available trials and how to access them. UCSF's Donald Abrams will be one of the presenters.

The Community Consortium is an association of over 200 Bay Area HIV health care providers. It is affiliated with UCSF's AIDS Program at SFGH.

Welcome to the Rainin Research Center for Immunology, Allergy & Asthma

The basic and clinical research of the Division of Immunology & Allergy has moved into new headquarters and is named the Rainin Research Center for Immunology, Allergy & Asthma. It's located on the front street level of the UC Hospital Building, Rooms UB8-10. The new center, which incorporates part of the Department of Pediatrics, is made possible by a gift from Kenneth Rainin, president of Rainin Instrument Co. and the Rainin Research Group.

Directing the new center is Edward J. Goetzl, the Robert L. Kroc Professor of Rheumatic Diseases. He also is the principal investigator of a program grant from the National Institute of Allergy & Infectious Diseases (NIAID), which also helped to establish the center.

The major faculty who are directing the aspects of basic research in the new laboratories, explains Goetzl, are Sunil Sreedharan, Christoph Turck and Songzhu An. The predominant focus of basic research in human immunity is several families of chemicals that mediate allergic reactions. Goetzl and his colleagues have found elevated concentrations of these mediators, which are produced by nerve fibers and different types of cells at sites of inflammation in human skin, sinuses and lungs during allergic and asthmatic attacks.

Goetzl explains that in order to have these adverse effects, each allergy chemical mediator must bind to a specialized cell protein, termed a receptor. The investigators have discovered the structures of genes encoding several such receptors. "Now we may be able to develop drugs that treat allergies and asthma by selectively blocking the binding of chemical mediators to their receptors," says Goetzl.

There are several other basic and clinical scientists who are integral members of the new center. Ben Kaltrieder, who directs pulmonary medicine at the VAMC, is studying chemical mediators that regulate immune responses in the lungs. Dermatologists Sandy Goldstein and Bruce Wintroub are investigating the pathways by which the chemical mediators cause allergic reactions in the skin.

Goetzl says that one of the interesting challenges for the investigators is to gain a better understanding of why asthma is different in women. Asthma often worsens during pregnancy and before the onset of menstruation, presumably due to the changes in sex hormones. A study, funded by the NIAID, is now being conducted by Daniel Adelman, Richard Shames and Gerry Cropp to examine this finding. Adelman and Shames are directors of clinical programs in Immunology & Allergy in Medicine and Pediatrics, respectively, while Cropp directs the Pulmonary Division of Pediatrics.

"This center provides an opportunity for the first time to integrate multidepartmental efforts in the field of clinical immunology, and to better apply discoveries of basic science for more effective methods of diagnosis and treatment," says Goetzl.

The Rainin Research Center is one component of a campus-wide program for investigation and treatment of asthma, including the therapy research work of Homer Boushey and his colleagues (*Newsbreak,* V8, #16, September 25, 1993), as well as a wide range of medical services and support groups for patients.

T-cell counts — Can we trust their reliability?

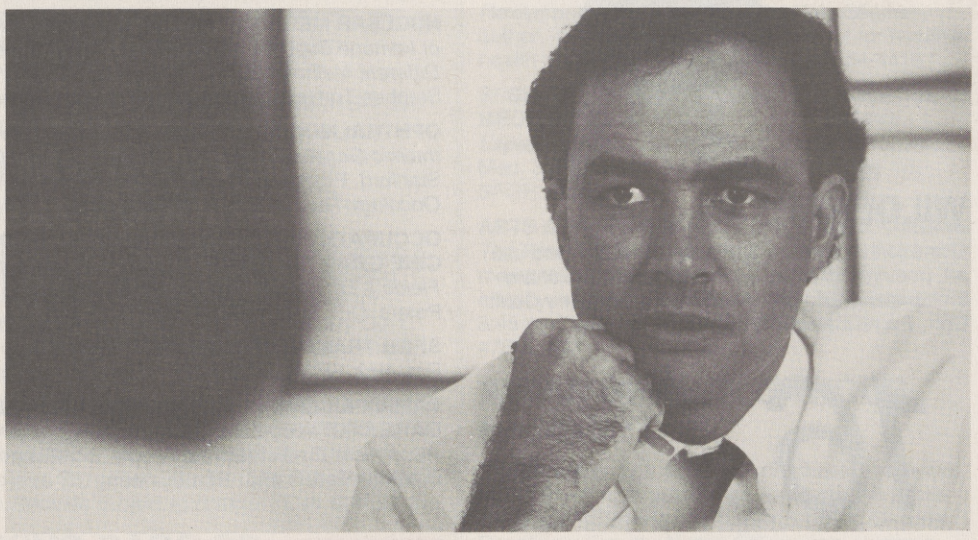
For years now, CD4+ cell counts have been the best way of determining the stage of an individual's HIV infection or making decisions on antiretroviral treatment, particularly in patients who are at risk for co-infection with other retroviruses.

AIDS expert Paul Volberding, however recommends that physicians use caution in relying on HIV-infected patients' CD4+ cell counts as the only way to determine AIDS progression in some people. Volberding, who is director of the AIDS Program at SFGH, discusses his concerns in an editorial in the February 2 issue of the J*ournal of the American Medical Association (JAMA).*

He writes in response to an article in the same issue of *JAMA* by other researchers led by Mauro Schechter from the Federal University in Brazil, which describes a study of patients infected with HIV and HTLV-1, another retrovirus associated with neurological disease and T-cell lymphomas. The researchers found that these patients, although dually infected — and with more advanced HIV disease — had higher CD4+ counts than those who were singularly infected with HIV.

For example, a person with a very low T-cell count who is only infected with the HIV virus may not go on to serious HIV disease progression as readily as someone with a high T-cell count who is infected not only with HIV, but with HTLV-I.

Volberding refers to Schechter's study of nearly 500 HIV-infected people in Rio de Janeiro which found that six percent also were infected with HTLV-1. This co-infection altered the relationship between CD4+ cell number and HIV disease stage. Forty-five percent of those infected with both viruses were in World Health Organization disease stage 3 or 4, compared with 31 percent of the group with HIV only. In the US, only 12 percent of those co-infected met the current CD4+ cell count AIDS definition, compared with 44 percent of people with HIV only, even though the co-infected group had more clinical symptoms.



Paul Volberding

What is the relevance?

"Most significant, these results add to concerns about the use of only CD4+ cell counts in evaluating HIV disease," says Volberding. "While HTLV-1 co-infection is relatively rare in the US, it does occur and must clearly be considered when using CD4+ cell counts to stage HIV infection."

Volberding says that, for example, an unexpectedly high number of CD4+ cells could lead to unfortunate delays in beginning appropriate treatments such as those for Pneumocystis pneumonia.

Why don't the additional CD4+ cells prevent HIV progression?

"This is a fundamental question," says Volberding. "Are they less functional? Is HTLV-I accelerating the immune damage caused by HIV, or are other factors at work?" Because the mechanisms for the association between CD4+ cell number and disease severity are not understood, according to Volberding, a greater concern is that other co-infections in HIV-infected populations may cause similar problems. Volberding adds that the consequences of co-infection with HIV and another common human retrovirus — HTLV-II — are not yet known. At a minimum, more careful surveillance for co-infection with these other retroviruses should be instituted to avoid delays in appropriate treatment, he says.

Volberding says the results of Schechter's work show better correlation between the CD4+ percentage and clinical stage than of the absolute CD4+ numbers. "Perhaps clinical practice should consider a shift to this more stable marker, as well as using beta2-microglobulin levels where, again levels correlated well with disease stage."

Today/Tomorrow

12 Saturday

UROLOGY GRAND ROUNDS: *The Genetic Mechanism of Prostate Cancer.* Michael Cher, Uro. *Radical Prostatectomy: Is There a Learning Curve?* Peter T. Scardino, Uro., Baylor College Med., Houston. HSW 300. 8:30-10:30 a.m.

INTEGRATING WORK AND SELF

Integrating Work & Self: Discover the Work You Are Meant to Do. Beverly Brown, creator & facilitator of Integrating Work & Self Workshops, helps people whose need for fulfillment in their work is not being met. Learn to clarify your vision of work, define options & determine your next step. Sponsored by Women's Resource Cntr. $45-$60. C 130. 10:30 a.m.-5 p.m. Call 476-5222 to pre-register.*

14 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.*

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Thurs., Mar. 3: UCSF/Daly City. 333 Gellert Blvd.
- Fri., Mar. 4: UCSF/Parnassus at Medical Center Way.
- Mon.-Fri., Mar. 14-18: UCSF/Laurel Heights. 3333 California St. near Presidio Ave.

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

OTOLARYNGOLOGY GRAND ROUNDS: *Video Stroboscopy.* Cynthia Wise-Wagner, Speech Path., VAMC. *Case Presentation from UCSF.* Joseph Change, Oto. S 214. 8-10 a.m.

KEEPING YOUR HEART HEALTHY

Gary Milechman, Med., explains how to maintain good cardiac health. A series of free lectures for older adults held the second Monday of each month at various locations. Sponsored by UCSF Medical Group/Seniority Plus. Herbst Hall, MZ. 10 a.m.*

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

THE VA & AIDS

The VA's Response to HIV/AIDS. Peter Jensen, Inf. Dis. Clin. Med. Cntr. Aud., 1st fl., Bldg. 7. Noon. Call 750-2250.*

DEAN OF MEDICINE'S RESEARCH SEMINAR

The Clinical Biology of Multiple Sclerosis. Stephen L. Hauser, Donald E. Goodkin & Jorge R. Okesnberg, Neuro. HSW 300. 3:30-5 p.m. Simultaneous transmission to Carr Aud., SFGH & Rm. 1A87, Bldg. 203, VAMC.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

15 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Fractures of the Metacarpal & Phalanges. Principles & Techniques of AO Fracture Fixations. Dislocation & Ligament Injuries in the Digits.* Philip Trabulsy, Plast. Surg., SFGH. Rm. 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY CONFERENCE: *Advances in the Pharmacological Management of the Chronic Pain Patient.* Peter Koo, Pharm. Serv. C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

SFGH PEDIATRIC GRAND ROUNDS: *Children of Color: Child Health Policy Issues.* Sylvia Villarreal, Ped., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Can Preeclampsia Be Prevented?* Kee-Hak Lim, Ob/Gyn. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY/NEUROSURGERY CONFERENCE. N 721. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

HISTORY OF HEALTH SCIENCES LECTURE SERIES: *Science in the Hospital: The Birth of Megahospitals in Europe & America, 1880-1900.* Guenter Risse, Hist. Hlth. Sci. Part of the series "From House of Mercy to Biomedical Showcase." HSW 300. Noon.*

MANAGING CHOLESTEROL

Food & Nutrition for Cholesterol Management. Lower your heart disease risk by controlling cholesterol levels & learn about "good" & "bad" cholesterol. Free for Health Net members. Noon-1 p.m. Millberry Conf. Cntr. Call 476-1115 for more information.*

MOUNT ZION BROWN BAG LECTURE SERIES: *The Father-Daughter Dance.* Joan Minninger, author & psychotherapist, explains how patterns of father-daughter relationships influence women's future male-female relationships. Sponsored by Campus Tours/Speakers Bureau. Herbst Hall, MZ. Noon. Call 476-4394 for information.*

ORAL BIOLOGY 220 SEMINAR: *Mercury & Dental Amalgam.* Alton M. Lacy, Rest. Dent. S 664. Noon-1 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Heat Shock Proteins & Stress Tolerance.* Susan Lindquist, Mol. Genet. & Cell Bio., HHMI/U Chicago. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

MEDICAL CENTER VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 5:30-8:30 p.m. Call 476-1196 for information.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

WILDERART VII

Come to this informal gathering of people who use art, poetry, photography, music & dance to share their experiences of the wilderness. Millberry Conf. Cntr. 7 p.m. Call 457-0447.*

16 Wednesday

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE. HSW 301. 8-9 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Regulation of Pancreatic Secretion.* Timothy Nelson, Surg. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

SURGERY GRAND ROUNDS: *Surgeons as Educators.* James R. Macho, Surg., MZ. Toland Hall. 8 a.m.

ENDOCRINE GRAND ROUNDS: *1,25-Dihydroxy-vitamin D: A Steroid Hormone that Produces Biological Effects Via Both Genomic & Nongenomic Pathways.* Anthony Norman, Biochem., UC Riverside. Part of the second annual "Nutrition & Mineral Metabolism: Calcium & Vitamin D" mini-symposium. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Small Intestinal Motility: Advances & Challenges.* Eamonn M. M. Quigley, GI, U Nebraska. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Oh, My Aching Neck.* H. Ulriche Bueff, Ortho. Surg., MZ, explains new techniques & treatments for cervical spine disorders. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Demystifying Chiropractic Treatment.* Ethan Feldman, Back in Action. Conf. Rm. 3, Alta Bates Med. Cntr. Noon-1 p.m.

PSYCHIATRY GRAND ROUNDS: *Affect, Memory, Attachment: A Model for Psychobiologic Integration: Part II.* Fariborz Amini, Gordon Baumbacher, Richard Lannon & Elizabeth Schiff, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

SEMINARS IN BIOLOGY: *Spatial Organization During Cellular Differentiation.* Lucy Shapiro, Beckman Cntr., Stanford. HSW 300. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE. L 535. 4-5 p.m.

PATHOLOGY GRAND ROUNDS: *Resident Presentations.* HSW 508. 5-6:30 p.m.

UROLOGIC PHYSIOPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

COMMUNITY CONSORTIUM'S AIDS CLINICAL GRAND ROUNDS: *Imaging in HIV Disease.* James Gruden, Thoracic Imag., SFGH; Mailine Chew, Nuc. Med., Davies Med. Cntr.; Erik Gaensler, Rad., Alta Bates Med. Cntr. Rm. 125, MCB. 5:30 p.m. Call 476-9554 for information.

PARNASSUS PLAYERS AUDITIONS FEB. 16 & 17

The campus theater group is holding auditions for their planned performance of Woody Allen's *God.* No experience necessary. People who are interested in behind-the-scenes work also welcome. C 701. 6 p.m. Call Chris at 476-6761 or Rosanne at 476-1405 for more information.*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS FILM SERIES: *Childbirth Choices: Options for Labor & Birth.* Video presentation of *Birth Through Father's Eyes* & discussion about labor pain & management. A 326. 7-8:30 p.m. Call 476-6667.*

17 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Thrombolytic Therapy: Living with Gusto.* Thomas M. Amidon, Med. & Cardiac Care Unit. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Pediatric Orthopaedic Emergencies.* Scott Hoffinger, Ortho. Surg., Oakland Children's Hosp. S 664. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Effects of Immune Suppressive Agents on Renal Function: Different Methods of True GFR Measurement.* Stephen Tomlanovich, Med. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Ophthalmic Genetics in the '90s.* Deborah Alcorn, Oph., Stanford. Preceded by case presentations: *Oncology/Thyroid.* S 214. 8:30-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Exposure to Magnetic Fields & Leukemia: Two Recent Studies.* John Peters, Occ. Hlth., USC. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE PRIMARY CARE LECTURE SERIES: *Approaches to Alcoholism.* Gerrit Blauvelt, Psychr. & William Brostoff, Med. A 455. 10 a.m.-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

GERIATRIC NOON CONFERENCE. Herbst Hall, MZ. Noon-1 p.m.

MISSION CENTER BROWN BAG SERIES: *Can We Talk? . . . Communication in the Workplace.* Shirley J. Harmon, Comm. Mngt. Assoc. Rm. 125, MCB. Sponsored by Campus Tours/Speakers Bureau. Noon-1 p.m. Call 476-4394.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSCIENCE SEMINAR: *The Role of Microtubules in Axonal Growth & Growth Cone Guidance.* James Sabry, Neurosci. Grad. Prog. HSW 300. 4 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Controversies in Public Health in San Francisco.* Mitch Feldman, Med. A 455. 4:40 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Chest Interesting Case Conference.* Gordon Gamsu, Rad. HSW 303. 5:15-6:15 p.m.

ARTS & PERFORMANCES COLE HALL CINEMA: *Malice.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8 p.m. (Movies subject to change.) Call 476-2542.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Microsurgical Reconstruction of the Lower Extremity.* Alfonso Oliva. Fac. Alum. House. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3601.*

UROLOGY JOURNAL CLUB MEETING: 96 Turquoise Way. 6:30 p.m. Call 282-4330.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 413. 7-8 p.m. Call 476-9987.*

18 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CLINICAL CONFERENCE: *Assessment & Treatment Interventions in Latency Age Boys Presenting with Family Conflict & Dangerous Behavior.* Jonathan Leavitt, Child & Adol. Psychr. LPPI Aud. 10:30 a.m.-noon.

PHARMACEUTICAL CHEMISTRY SEMINAR: *The Multi-Faceted Personalities of Serpins.* James Travis, Biochem., U Georgia. S 214. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Riding the Roller Coaster of Change.* Pauline Laurent, Catalyst for Change, talks about embracing the changes that come your way every day. N 721. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *The Role of Cytosolic Chaperonins in Hepatitis B Virus Capsid Assembly.* Jalari Rao Lingappa, Phsyio. & Med. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES COLE HALL CINEMA: *Malice.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.) Call 476-2542.*

UCSF CELEBRATES BLACK HERITAGE MONTH

Events co-sponsored by the Black Caucus. Call 476-8974 or 476-8310 for a complete schedule.*

Thurs., Feb. 17

Rumors in the 'Hood. Discuss the fears African Americans have related to health care. Sponsored by Women's Resource Cntr. HSW 300. Noon-1 p.m.

Sat., Feb. 19

Twenty-fifth Anniversary Celebration of the UCSF Black Caucus. Commemorate Black Heritage Month and celebrate the Black Caucus' anniversary at this dinner/dance. $35/$40. SF Airport Marriott, Burlingame. 6:30 p.m.-1 a.m. Call 476-1461 for tickets.

Tues., Feb. 22

Opening the Doors of Opportunity for Change. Dan Boggan, Vice Chanc., UCB. 4-5 p.m. Call numbers above for location.

Wed., Feb. 23

Race & Cultural Determinism in the '90s. A Brown Bag Lecture on what determines social relations. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon.

Fri., Feb. 25

1994 Black Nurses' Symposium. *Institutional Racism: Impact on Health Care & Education of African Americans.* Keynote speaker, Rhetaugh Dumas, Prof. & Dean, U Michigan. Oakland Conv. Cntr. 8 a.m.-4 p.m. Call 476-4897 for more information. Preceded on Thurs., Feb. 24 by workshop for those interested in nursing education. (See story on page 1.)

February 12-25, 1994

21 Monday

PRESIDENTS' HOLIDAY

22 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY RESIDENTS FORUM: *Salivary Gland Surgery.* C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Gene Therapy Prospects & Promise.* Larry Shapiro, Ped. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Cholesterol & Health: The Rest of the Story.* Thomas B. Newman, Lab. Med., Ped. & Epid. & Biostat. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY/NEURO-SURGERY CONFERENCE. N 721. 9 a.m.

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 9:30-11:45 a.m. Call 885-7353.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

HISTORY OF HEALTH SCIENCES LECTURE SERIES: *Main Street's Civic Pride & Professional Medical Workshop: The American General Hospital, 1990-1945.* Guenter Risse, Hist. Hlth. Sci. Part of the series "From House of Mercy to Biomedical Showcasee." HSW 300. Noon.*

ORAL BIOLOGY 220 SEMINAR: *Bacteria, Biomaterials & the Pulp.* W.R. Hume, Rest. Dent. S 664. Noon-1 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

MOUNT ZION MEETING

Regular monthly community meeting to discuss any issues of concern, including construction plans, related to the UCSF/Mount Zion campus. Herbst Hall, MZ. 7 p.m. Call 476-3206.*

23 Wednesday

SURGERY GRAND ROUNDS: *M & M Conference.* N. Scott Adzick, Surg. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE: *Herpes Vaccine: What's New?* Andria Langenberg, Derm. HSW 301. 8-9 a.m.

GASTROENTEROLOGY SEMINAR SERIES. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Interrelationships of Lifestyle, Reproductive Status & Bone Mass in Young Women.* Robert Marcus, Med., Stanford; Aging Study Unit, VAMC Palo Alto. Part of the second annual "Nutrition & Mineral Metabolism: Calcium & Vitamin D" mini-symposium. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: (See Black Heritage Month events.)

WORK, FAMILY & STRESS

Work, Family & Stress: How to Develop Positive Coping Strategies Beyond the Jelly Donut. Jane Mahakian, marriage, family & child counselor, offers some tips stronger than pastries in this workshop. Sponsored by Child & Elder Care Referral Service. Rm. 125, MCB. Noon-1 p.m.*

MEDICAL ANTHROPOLOGY SEMINAR SERIES: *Case Control Study of Diet & Prostate Cancer in China.* Marion Lee, Epid. & Biostat. Rm. 218, Laguna Honda Schl. Noon-1:30 p.m.

PSYCHIATRY GRAND ROUNDS: *Linkage & Genetic Studies of Infantile Autism.* Roland D. Ciaranello, Psychr. & Behav. Sci., Dev. & Mol. Neurobio. & Child Psychr. & Behav. Sci., Stanford. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

SEMINARS IN BIOLOGY: *Scruin, An Actin Binding Protein in Sperm, Oocytes & Viruses.* Paul Matsudaira, Biochem., Whitehead Inst. HSW 300. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Blood Component Preparation & Storage.* Andrew Leavitt, Lab. Med. L 535. 4-5 p.m.

PATHOLOGY GRAND ROUNDS: *Resident Presentations.* HSW 508. 5-6:30 p.m.

UROPATHOLOGY CONFERENCE: *Pathology of the Prostate.* Noel Weidner, Path. M 464. 5-6 p.m.

24 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Fever from Work.* Paul D. Blanc, Med. & Occ. & Env. Med. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Tobacco: Biology & Politics.* Stanton A. Glantz, Med. & Inst. Hlth. Policy Issues. S 664. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Myocardial Viability Imaging.* Patrick Coleman, Nuc. Cardio., Santa Rosa Mem. Hosp. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Thirty Years of Neuro-Opthalmology.* William F. Hoyt, Oph. Preceded by case presentations: *Uveitis.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE PRIMARY CARE LECTURE SERIES. A 455. 10 a.m.-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSCIENCE SEMINAR: *The Neostriatal Mosaic: Multiple Levels of Compartmental Organization.* Chip Gerfen, Neuroanat., NIH. HSW 300. 4 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS. A 455. 4:40 p.m.

ENDOUROLOGY SEMINAR SERIES: *The Physics of Extracorporeal Shock Wave Lithotripsy.* Chrisopher Evans, Uro. M 464. 5-6 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

TAKING CARE OF YOUR KNEES

Reduce your risk of injury through strengthening & stretching exercises at this hands-on workshop taught by a UCSF physical therapist. Free for Health Net members. 5:30-7 p.m. Millberry Conf. Cntr. Call 476-1115 for more information. Another workshop is offered on Wed., Mar. 2.*

ARTS & PERFORMANCES COLE HALL CINEMA: *The Wedding Banquet.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8 p.m. (Movies subject to change.) Call 476-2542.*

TAKING CARE OF YOUR BACK

Reduce your risk of injury through strengthening & stretching exercises at this hands-on workshop taught by a UCSF physical therapist. Free for Health Net members. 6-7:30 p.m. Millberry Conf. Cntr. Call 476-1115 for more information. Another workshop is offered on Wed., Mar. 2.*

25 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. MU 302W. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CLINICAL CONFERENCE: *Evaluating Innovative Systems of Care for Youth in California.* Abram B. Rosenblatt, Psychr. & Child Serv. Group. LPPI Aud. 10:30 a.m.-noon.

PHARMACEUTICAL CHEMISTRY SEMINAR: *Glycosomal Protein Import in Trypanosomes.* C.C. Wang, Pharm. Chem. S 214. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *The Nightingale Conspiracy: Revitalizing Health Care.* Karilee Halo Shames, author, invites everyone to join the fight for healthier health care. N 721. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Cloning & Functional Expression of an MCP-1 Receptor.* Israel Charo, Med. & Gladstone. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES COLE HALL CINEMA: *The Wedding Banquet.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.) Call 476-2542.*

ASIAN HEALTH CAUCUS BANQUET

Students, faculty & alumni of all schools are invited to this banquet to get to know each other & share experiences. Sponsored by Asian Health Caucus. Donations: Faculty/Alumni $20/person; students $8/person. Call 681-7083 to RSVP & for more information.

DEVELOPMENT & TRAINING

For further information call 476-4032.

Interview & Selection for Supervisors & Managers. Thurs., Mar. 3. 1-4:30 p.m. $40.

Supervising in the Workplace: Managing Employees with Chemical Dependence, AIDS & Disabilities. Thurs., Mar. 17. 8:30 a.m.-12:30 p.m. $40.

Stress Managment: Dealing with Non-Stop Change. Wed., Mar. 9 & 16. 1-4:30 p.m. $50.

Business Writing Basics — Part A. Tues., Thurs., Fri., Mar. 29, 31, Apr. 1. 9 a.m.-noon. $75.

Business Writing Basics — Part B. Thurs., Apr. 14. 1-4 p.m. $25.

*Open to the public.

ONGOING SUPPORT GROUPS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 546-6423 for meeting dates & locations.*

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 296-0404.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. A, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Wednesdays. 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treatments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808 unless otherwise noted.

The 27th Annual Recent Advances in Neurology. SF. Feb. 17-19.

Eleventh Annual Office-Based Sports Medicine. Park City, Utah. Feb. 19-26.

Ninth Annual Primary Care Medicine: Concepts & Controversies. Squaw Valley, CA. Feb. 20-25.

Diabetes Update. Sheraton Palace Hotel, SF. Mar. 17.

Second International Symposium on Symptom Management. SF. Mar. 17-19.

Sixteenth Annual Infectious Diseases in Clinical Practice. Squaw Valley, CA. Mar. 17-19.

Advances in Endocrinolgy & Metabolism. Sheraton Palace Hotel, SF. Mar. 18-19.

Annual Review in Family Medicine: Controversies & Challenges in Primary Care. Nikko Hotel, SF. Mar. 23-25.

DENTISTRY

For further information call 476-1101.

Complication Avoidance in Oral Surgery with Current & Future Uses of Lasers in Dentistry. Stockton Hilton. Mar. 4.

Third Annual Study & Ski in Squaw Valley. Mar. 4-5.

Preventing & Managing Medical Emergencies in Dental Practice. UCSF. Mar. 19.

Dentistry Down Under: Australia Travel Course. Sydney, Gold Coast & Great Barrier Reef. Apr. 16-29.

Periodontics: Timely & Time-Tested Treatments. Red Lion Hotel, San Jose. Apr. 23.

THE NEXT DEADLINE

Monday, February 14, 1994 is the deadline for items to be listed in the next calendar, which covers **February 26-March 11, 1994** (two weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to UCSF/Laurel Heights, 3333 California St., Suite 103.

From Financial Planning: Earthquake insurance or no?

In this third in a series of articles submitted by Financial Planning's John Beeson, he suggests that the LA earthquake probably has Bay Area residents thinking about earthquake insurance. In the Bay Area, the average annual cost of quake insurance is about $2 per $1,000 in coverage for wood frame houses, and about $11 per $1,000 for masonry houses. The following, he says, are questions to consider before you buy:

- How much equity do you have in your house? The more equity, the more important it is to be adequately insured.
- What is the deductible? Does one deduction apply to the entire loss, or will there be separate deductible for structure and contents?
- Will your regular homeowner's policy cover any earthquake related losses, such as broken glass or living expenses if your home becomes uninhabitable?
- Does the policy exclude certain repairs?
- Is there a guaranteed replacement cost limit? Sometimes an insurance company will limit the amount allotted for repair or replacement.

For further information and guidance, call Financial Planning at 476-9256.

Service Awards

The awards listed were presented within the last year.

Joey A. Aldquer, 10 years, police department.
Noreen S. Anosov, 20 years, radiation oncology, Mount Zion.
Laura Marie Arita-Wong, 20 years, dentistry.
Ron Bailey, 10 years, hospital information systems.
Jean Ball, 25 years, Public Affairs.
Marjorie Y. Berger, 10 years, general surgery, Mount Zion.
Donna Berka, 10 years, general medicine, SFGH.
Stephanie Berman, 15 years, social work department.
Renielda R. Camantigue, 20 years, dialysis, Mount Zion.
Virginia K. Cruse, 25 years, pathology.
Epifania H. Dantes, 15 years, medical records, Mount Zion.
Jane A. Davy, 10 years, stomatology.
Laura Mayclin Deering, 10 years, LPPI.
Harriet B. Dent, 20 years, emergency room, Mount Zion.
Eva A. Duarte, 15 years, admitting, Mount Zion.
Linda K. Erkelens, 25 years, information technology services.
Sylvia J. Flatt, 10 years, epidemiology & biostatistics.
Mary Gerhart, 10 years, ambulatory care center.
Lisa Glover, 15 years, liver service.
Helen D. Gonzales, 20 years, Institute for Health Policy Studies.
Sharon J. Hagen, 10 years, Home Care, Mount Zion.
Jackson L. Hall, 15 years, pathology.
Kathleen D. Hansen, 25 years, general medicine.
Ellen S. Hui, 10 years, dialysis, Mount Zion.
Katie Holman, 20 years, parking operations.
Alice S. Hom, 10 years, police department.
Irene Keegan, 15 years, nursing.
Sharon Ann Kelly, 25 years, Dean's Office, School of Medicine.
Judy L. Keyser, 10 years, urology.
Daniel Kilpatrick, 15 years, medicine.
Mary Kohler, 15 years, ambulatory care center.
Mariane Lantz, 25 years, immunogenetics.
Geraldine E. LeBrane, 25 years, laundry & linen services.
Anthony Leong, 15 years, hospital information systems.
Douglass A. Lesser, 10 years, materiel services.
Marie E. Lilly, 15 years, radiology.
Victor Lim, 15 years, immunogenetics.
Sharon G. Lindeman, 10 years, registrar & admissions office.
Calvin Lou, 10 years, immunogenetics.
Luninging Ramos, 15 years, laboratory medicine.
Kathleen McCaffrey, 10 years, medical record services.
Barbara J. McKinney, 20 years, budget & financial anaysis.
Cesar B. Montalban, 15 years, hospital accounting.
Robert Moore, 30 years, mail services.
Charles Murphy, 10 years, medicine.
Frank Nicholas, 15 years, cardiothoracic surgery service.
Elizabeth A. O'Mallon, 10 years, orthopaedic surgery.
Alfred Ortiz, 20 years, radiology.
Terrine Perez, 10 years, Fresno Medical Education Program.
Bridget Price, 10 years, LPPI.
Jytte Rasmussen, 20 years, neurological surgery.
Teresita F. Reyes, 10 years, Cancer Research Institute.
Lora Roberts, 10 years, pediatic surgery.
Jannine Sabatte-Caspillo, 10 years, kidney service.
Darmo Salenga, 10 years, Millberry Programs & Services.
Josue L. Salomon, 10 years, rehabiliation services, Mount Zion.
Elaine Sampior, 15 years, surgery, SFGH.
Elio F. Sanchez, 20 years, environmental services, Mount Zion.
Al Scardino, 10 years, immunogenetics.
Claudia G. Schumann, 15 years, og/gyn.
Annie R. Shaw, 25 years, medical record services.
Rose Silver, 15 years, pathology.
Socorro C. Sison, 15 years, renal center.
Leslie A. Spector, 20 years, biochemistry.
Bobbie L. Stephens, 15 years, operating room.
Tami McDiffit, 10 years, radiology.
Robin L. Troyer, 10 years, ophthalmology.
Rodolfo Veloso, 15 years, laundry & linen services.
Lisa L. Yu, 10 years, LPPI.
Gustav Zitlau, 10 years, maintenance, Mount Zion.

Growth Hormone Study for Men

Volunteers are needed for a study to determine whether growth hormone treatment can improve muscle strength in older men, potentially helping them remain active and independent. Men at least 70 years old may be eligible for the study, which is being conducted at the VAMC by researcher Maxine Papadakis. For further information, call 750-1291.

Barclay *(from page 1)*

an institution as complex as UCSF during a time of great change. His familiarity with the UC system and proven record as a dynamic administrator will serve UCSF well," Martin says. Barclay was selected for the position after a six-month, national search.

As chief administrator of the campus, Barclay will play an important role in developing solutions to some of the primary challenges facing UCSF, including the space shortage, shrinking state financial support, and administrative streamlining.

Martin's commitment to maintaining UCSF's excellence in the face of these challenges and to renewing the partnership between the campus and the community attracted Barclay to the opportunity. Barclay also notes the strong support for Martin's goals voiced by many at UCSF.

"It is an honor to become part of Joe Martin's team and a member of the UCSF community," Barclay says. "My goal is to create a service-oriented administration that best enables UCSF to fulfill its mission — teaching, research, patient care, and community outreach."

A member of the UC Berkeley staff since 1982, Barclay has held several administrative and business positions at the campus. As associate vice chancellor, Barclay initiated a comprehensive plan to streamline administrative processes, improve service delivery, and reduce costs.

These streamlined processes include the development of a new computer-based financial system to replace the 35-year-old general ledger system, a new on-line personnel/payroll system to enable departments to enter payroll data on-line, and a new automated employment system that would speed and improve the current staff hiring process.

Barclay graduated from San Jose State University in 1970 and earned a masters degree in business administration from Saint Mary's College in Moraga in 1986.

Baer Award nominations due

The School of Medicine Dean's Office has sent out a call for nominations for the Charlotte Baer Memorial Award for volunteer clinical faculty. The award criteria include superior teaching, outstanding administration, outstanding representation of UCSF at the local, state or national level, and/or exemplary service to national or international societies. Send nomination with brief CV and detailed statement by Tuesday, March 1 to: Charlotte Baer Award Committee, Dean's Office, School of Medicine, Box 0410. For further information, call 476-2342.

UCSF helps kick off the AAAS Public Science Day

Nearly 300 local students have been invited to UCSF to help kick off the American Association for the Advancement of Science Public Science Day on Friday, February 18, from 10:30 a.m. to 1:30 p.m. in the Millberry Conference Center.

On campus that day, nearly 200 middle school students and another 80 high school students will have the opportunity to experience science as they never have before.

The middle school students will be treated to a health sciences fair — featuring EKG and EEG machines, straight talk on street drugs, a handicap obstacle course, ADAM, a software program that allows students to dissect and analyze different parts of the anatomy, and much more. There also will be special tours of a variety of departments, lunch with UCSF students, plus a 25-minute video highlighting Magic Johnson on the psychological effects on children who have AIDS.

Junior and senior high school students will experience a DNA fingerprinting laboratory, where they will solve a "whodunit" mystery. They also will explore 3-D visualization of proteins and DNA via computer graphics and will have a tour of the anatomy laboratory.

For further information, call Katherine Riordan, Public Affairs, 476-0729.

The AAAS meeting will run from February 18 to 23 at the San Francisco Hilton Hotel. Valli McDougle, also of Public Affairs, has been asked to make a presentation on Saturday, February 19, on "Scientific Education of the Public: Winding Your Way Through DNA," based on her work with organizing that successful symposium two years ago.

Fun Zone

Beat the winter doldrums: Join a club

If you're bored or looking for friends, there are about 13,000 people at UCSF who may be able to help you out. How to meet them? Join a club, organization, group or class sponsored by UCSF: Here's a partial list:

- Cycling club: 476-0356
- Bowling: 921-6200
- Parnassus Players (theater group): 476-6761
- Poets on Parnassus: 476-6761
- Walking club: 476-2675
- Running: 476- 0356
- Softball (employees): 476-0356
- Softball (student): 665-5125
- Rowing: 586-6558
- Outdoors Unlimited: 476-2078
- Dance classes: 476-1115
- Fitness classes: 476-1115
- UCSF Orchestra: 476-6761
- UCSF Community Chorus: 476-6761
- EMPACT! volunteer: 476-2675

- UCSF Gospel Choir: 476-8310
- Hospital volunteers (MZ): 885-7353
- Hospital volunteers (Parnassus): 476-1196
- Support groups: (See *Today/Tomorrow* calendar, pages 4 & 5)
- Campus associations (student/employee): 476-4318

Asian Health Caucus get-together Feb. 25

The Asian Health Caucus has planned a dinner gathering on Friday, February 25 at 6:30 p.m. in the Millberry Conference Center. The organization's Brian Lee calls the evening "an opportunity for food, fun and friendship" among students, faculty and alumni of UCSF. The requested donation is $20 for faculty and alumni and $8 for students. For more information or to RSVP (before Feb. 16), call 681-7083.

Last call for Entertainment '94

The Auxiliary is winding up Entertaiment '94 sales on Thursday, February 24. If you're interested in purchasing one of these discount books for restaurants, hotels, events, etc., call the Auxiliary Office, 476-4906, by that date. The books are $40 each for the SF/Peninsula, Alameda or Contra Costa editions; or $25 for the Marin/Napa version. The books are good until November 1, 1994.

Faculty Wives host jewelry appraiser

The next meeting of the UCSF Faculty Wives and Associates on Wednesday, March 2, will feature Sandra Solkin, curator of jewelry for Butterfield and Butterfield. Solkin will appraise one piece of jewelry for each person in attendance. The program and lunch will take place at the Faculty/Alumni House beginning at 10:30 a.m. For reservations or for information on becoming a member, call 282-6176. The organization welcomes wives of faculty, women faculty members and a number of other categories of UCSF associates.

Seeking subjects for depression study

LPPI's Owen Wolkowitz is seeking subjects for a study in which he and colleagues are investigating the role of hormone imbalances in major depression. He says there is preliminary evidence that correcting the imbalances may have antidepressant effects. They will measure the levels of two steroid hormones, cortisol and DHEA, in depressed patients. If abnormalities are found, investigational treatments will be offered at no cost. For further information, call the research coordinator at 476-5858.

New shirt for $4 *(from page 8)*

turer came up with some extras in these two lines of shirts, Mr. Raskin arranged to have them donated to the organization.

The Auxiliary's Teru Hirano says she was expecting 10 boxes of shirts, 26 to 28 shirts to a box, to be delivered to the Medical Center — a sizeable donation the organization was gratefully anticipating.

In fact, 10 *palettes* of boxes arrived, she says. Since each palette contained two dozen boxes, she was looking at 240 boxes, or about 6,000 shirts! There was no way they were going to fit in the tiny Auxiliary office, so with the help of several members from Patient Escort's Transport unit, they got the mountain of shirts situated in the storage room beneath the ACC.

The next question was, what to do with 6,000 shirts?

The LA earthquake took care of part of the answer. The Auxiliary quickly designated 100 boxes for donation to the Salvation Army to send to Los Angeles for earthquake relief. Hopefully, already, the shirts have found their way to the backs of the needy.

That still left plenty of shirts to sell at the Bear-ly New, where the profits are returned to the Auxiliary. Thus, if you purchase one or more of the shirts, not only will you get brand new merchandise, you will support the Auxiliary's work benefitting patients and families in the Medical Center.

The Bear-ly New is open from 11 a.m. to 4 p.m., Monday through Saturday. Of course, the shop always welcomes your donations, including good used clothing, accessories or small household items. If you have questions, call manager Verna Shaheen at 921-2789.

Medsounds Continued

A bridge over troubled waters

Now that all the holiday vacation reports are in, it appears we have at least one that deserves a write-up. That would be trip taken by Susan Radovich of the Cancer Patient Data Program (CPDP), who did *not* go home for Christmas. She spent the middle part of December going back and forth between Israel and Jordan, not exactly on any kind of peacemaking mission, as it might sound. In part, she was there representing UCSF.

Radovich is the training coordinator for the Cancer Patient Data Program, which formerly shared housing with the UCSF Cancer Registry Program (aka Tumor Registry). When the latter became integrated with Medical Records, the CPDP, which is supported by a grant from the National Cancer Institute, set up shop on the C level of the ACC. From these small headquarters, the program, as part of its function, trains people from all over the world who are interested in setting up either hospital-based or regional cancer registries.

It was in this capacity that Radovich met her friends from Israel, and, more recently, the Jordanian group. During this past year, three people from a new cancer center under construction in Amman, Jordan, came to UCSF to take the training. In turn, they invited Radovich to visit them, partly in a consulting capacity, to explain to physicians and other personnel the importance and usefulness of a cancer tracking system. They could provide her lodging, they said, if she could find transportation. Considering she had a good deal of frequent flyer mileage credit, she decided to take them up on it.

Besides, it would also be an opportunity to visit Yoav Horn and his colleagues in Israel. Horn, who has an appointment at UCSF in the Department of Laboratory Medicine and is a long time collaborator with UCSF epidemiologist Calvin Zippin, is chief of oncology at Assaf Harofeh Hospital located just outside Tel Aviv. People from Horn's hospital have participated in the CPDP training program, and Horn himself has given presentations for

Radovich

the program during his many visits to UCSF. When Horn is home, there is a running conversation via E-mail between Assaf Harofeh Hospital and the Cancer Patient Data Program, says Radovich.

Apparently he was more than happy to receive her, and in fact, took her with him on one of his visits to a clinic he runs in the occupied West Bank, where Horn, a Jew, trains Arab oncology residents. (On occasion he has smuggled himself there in an ambulance to avoid trouble.) One of Horn's relatives flew Radovich all over Israel in a private plane "2500 feet above the ground" — so in all, she got a pretty good look around.

When it was time for the second leg of her trip, her Jewish friends drove her to the Israeli checkpoint, where her Jordanian friends picked her up and took her across the Arab backroads through the West Bank to their

Yoav Horn in his office at Assaf Harofeh Hospital, with tumor registrar Yehudit Fishler (who trained with the CPDP at UCSF)

destination of Amman. Along the way they went through Jericho, where she visited the house that Yassar Arafat intends to make his home. As you might expect from a person who is a photographer by avocation, she chronicled the entire trip with photos, and based on her descriptions, took avid mental notes.

What would she say was the most intriguing part of her trip?

It was all interesting, she says. She very much enjoys getting an inside glimpse of other cultures, and it was intriguing travelling back and forth across these troubled territories as a neutral party. She also enjoyed finally meeting her friends in their homeland after a long acquaintance, at least in the case of the Israelis, carried out only in the US.

But to tell the truth, she says, the thing that struck her the most was to see the effect of her work. People come from half-way across the world and you spend two weeks with them, she says, and you hope they're going to take what they learned home and it's going to work for them. To go see it firsthand, that they have a functional program up and running — especially in the case of the Jordanians, where they have so little in the way of resources — and the fact that you helped create this, that is meaningful.

Four members of the staff in their new environment: (left to right) Ellen Hue, Julia McKeever, Sue Dickinson and Renee Camantigue

A fine new home for Outpatient Dialysis

When the old outpatient building at Divisadero and Sutter was cleared out to make way for Cancer Center construction, among the departments to be relocated was Outpatient Dialysis. They've moved a block east to 1675 Scott Street, at the corner of Scott and Sutter (the site of the former Adult Day Health Center, which has moved to Geary Street).

A visit to the new facility two days after it opened found the staff extremely pleased with their surroundings. And no wonder — the building has been completely remodeled into an open, airy, inviting space that makes conditions for both patients and staff much improved over the former space.

The new space is also larger, with a capacity for 14 dialysis stations, as opposed to the former 11, according to nurse manager Lillian La Rue. This means the capacity for more patients — something she would like Parnassus personnel to keep in mind when they are referring patients for outpatient dialysis services.

"We *are* UCSF," she says, "and we have this beautiful facility. It doesn't make sense to refer patients elsewhere, if this location is convenient." The phone number is 885-7421.

Seeking volunteers to help African-American school kids

Materiel Services' Herb Jones says that from time to time he reads items in the campus paper about UCSF staff members doing volunteer work for community organizations that could use more volunteers, and now he has a cause he'd like to see publicized.

It's the San Francisco School Volunteer's Eyes on the Prize project, which seeks African-American volunteers from the community to get involved in classrooms. The idea is to help cultivate and inspire young African-American students.

He said he heard about it on the radio, so he called them up, and now he serves as a mentor for a nine-year-old at Eldorado Elementary in the Bayshore District. His mentoree is a smart kid with a lot of potential, but the school has identified him as someone who needs a role model.

That's where Jones comes in. Once a week during his lunch break, Jones visits "his little guy," as he calls him, and spends an hour right in the classroom with him. The atmosphere in the class is "interactive," says Jones; i.e, there is activity and conversation rather than a teacher standing in front of the room talking. Thus, there is plenty of opportunity for mentor and mentoree to get acquainted and have discussions.

The relationship is going well — so well, in fact, that they've asked Jones to serve as mentor for a second child. "It's one of those situations where you don't want to say yes and you don't want to say no," he says. It would be a stretch timewise, and besides, he has his own family at home.

"The point is," he says, "they need more volunteers." Jenee Edwards, who coordinates the project for the San Francisco School Volunteers program, says there are a variety of opportunities within the project. They're looking for people with special skills to offer workshops, people with interesting backgrounds or information to share to serve as classroom speakers, or hosts for field trips. They're also looking for volunteers to serve in a similar capacity as Jones, either as a regular one-on-one mentor or as a classroom helper, which can include tutoring. Finally, donations of equipment or services are definitely welcomed, such as books to computer equipment.

Although this program specifically focuses on African-American volunteers and children, the overall volunteer program has many opportunities for anyone who is interested, says Edwards. For further information on the Eyes on the Prize project or the overall program, call 274-0250.

January a good blood month *(from page 8)*

media about the short supply of blood at banking outlets across the nation. "It's always that way after the holidays," says Katz. "That's why January has been designated National Blood Donor Awareness Month. There's the hope that the extra publicity will get people in to give blood."

It worked at UCSF, at least. Last year there were 30 donors from the staff during January. This year the number went up to 101. She credits both an in-house campaign and outside publicity for the increase.

All blood procured in our in-house center is used for patients here at the Medical Center. Much of the blood is donated by patients' friends and family members or by the patients themselves prior to surgery. However, the staff contribution is important as well, says Katz.

And just because January and Blood Donor Awareness Month are over, there's no need to let the awareness campaign wither away. "The need is always there," says Katz.

The Center, located at L 131 behind the Emergency Department, welcomes blood donors on a drop-in basis. The hours are Monday through Friday, 8 a.m. to 7:45 p.m. and Saturday, 9 a.m. to 4:30 p.m.

Katz says they would also like to see more platelet donors, a procedure which takes about two hours (just about the length of a feature length movie, which they provide.)

Call the Center at 476-6989 for more information.

Nominations due for MZ Pearl Award

Members of the Mount Zion community are invited to submit nominations for the Milton and Helen Pearl Award by Friday, February 18. The award, established in honor of the late physician Milton J. Pearl, recognizes a Mount Zion employee who has consistently performed at an extraordinary level. The $1,000 award will be presented during the Founders Day ceremonies on April 28. Nomination forms have been distributed to departments, or call Jeanne Dean's office for more information, 886-7260. Forms should be submitted to the same office (Medical Staff Affairs), Box 1610.

Volume 9, Number 3 February 12-25, 1994

UCSF

Medsounds

Page 1 ... Steve Barclay is new Vice Chancellor

Page 1 ... Black Nurses Symposium Feb. 25

Page 2 ... Grandparents & poisonings

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

In the center photo, Brigid Ide hooks up a young volunteer to the heart monitor. Right and left, the little visitors polish off their lunches — dessert first, in some cases.

The day that 30 little Valentines stole our hearts

Mrs. Denney's kindergarten class from Cabrillo Elementary in Pacifica spent the whole month of January studying the heart in preparation for February, which, of course, contains Valentine's Day. February also is designated Healthy Heart Month, as any of these children could tell you.

To culminate their studies, the children visited UCSF on a recent morning, first for a lecture scaled down to five-year-old level by cardiac clinical nurse specialist Brigid Ide, and next for a heart-healthy lunch in the Moffitt Cafe.

You may consider it an ambitious plan to bring 30 five-year-olds up to the adult cardiac unit on 10 Long for Ide's lecture and demonstration. However, the staff was charmed by their manners, and the patients probably weren't even aware they were there. Two by two, the children marched down the hall to the solarium, whispering as they peered into the patient rooms. ("Those are the bedrooms," said one to another.)

They were prepared for Ide's program. "What kinds of foods are good for your heart?" she asked them.

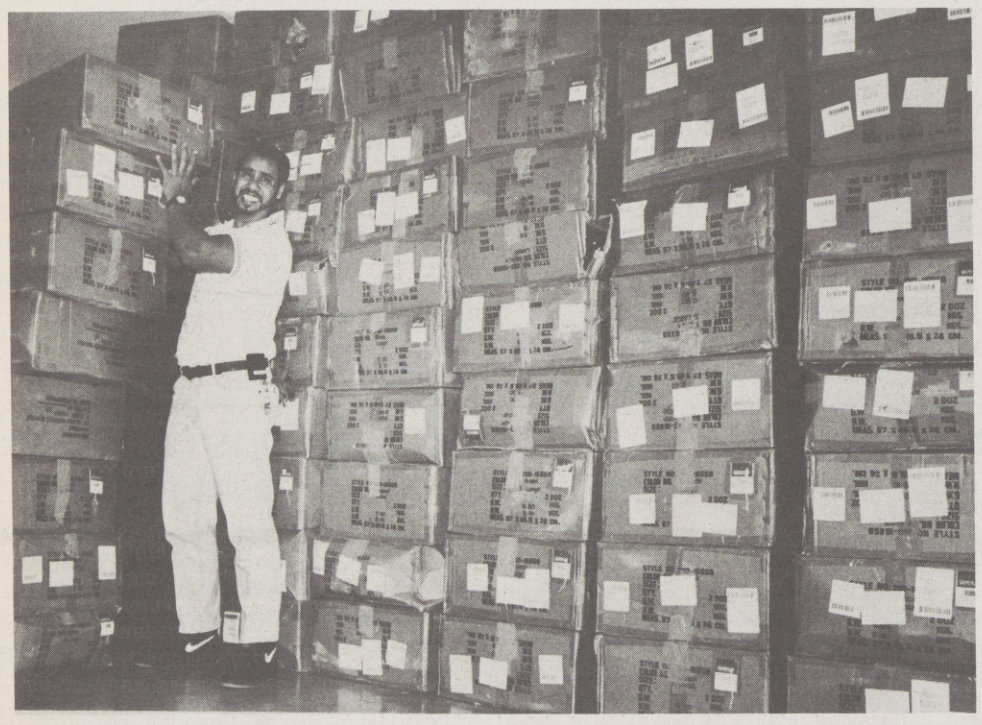
"Apples," several responded at once. They also came up with oranges, noodles, carrots, cereal, bread, vegetables, spaghetti and yoghurt.

One child added that her dad "drank too much milkshakes when he was young."

Ide then let them take turns at the heart monitor, which allowed them to see their heart rates go way up when they started running in place. "What does that mean?" she asked. "Our hearts are beating faster," they said. (Mrs. Denney gets an A.)

After the lesson, they went downstairs and met nutritionist Kelly York while they ate their boxed lunch: turkey sandwich, fruit, brownie, and juice. No one said they couldn't eat their brownies first, and several did.

You can rest assured that the brownies were made from one of Moffitt's low fat recipes. You can also rest assured that the new generation is going to be pretty savvy about heart health and nutrition — if Mrs. Denney's class is to serve as any kind of example.



Transport's Joe Eshabarr, wearing one of the shirts (and standing among thousands more)

How about a brand new shirt for $4?

If you're interested in a brand new golf-style sport shirt for $4, you can pick one up at the Auxiliary's Bear-ly New Thrift Shop at 1752 Fillmore Street near Sutter in San Francisco. They come in two styles, a short sleeve cotton knit in red, blue, black or white; or a long-sleeved polyester/cotton knit in a dark-colored pattern. Both come in men's sizes medium through extra large.

The background on these shirts is pretty interesting. Auxiliary member Bonnie Raskin, a long-time volunteer at the thrift shop, has a direct connection to the clothing manufacturer Munsingwear: Her husband Michael is on the board of directors. When the manufac-

(continued on page 6)

James Carr catches a thief

Parnassus Environmental Services manager Mark Bradley called to report the heroic actions of one of his staff members, James Carr.

It seems the other day, when Carr reported for work on the evening shift at the ACC, he encountered another "employee" he had never seen before. This person said he had been sent over by Mount Zion to assist Carr. Carr found this strange, but the man sounded credible — he knew names, and he knew his way around. So Carr gave him the benefit of the doubt, at first, and he went off to get his work done.

But the more he thought about it, the more it didn't sit right. Finally, he went back to check on him. Sure enough, trouble was brewing. Carr caught him red-handed stealing computers. The man started to run, and Carr chased him, aided by a safety officer from the UC Police staff, who witnessed the chase and joined in. The chase ended in the Medical Records Department, where they apprehended the suspect.

Further investigation showed that the intruder had stuffed garbage cans and laundry bins full of computer equipment, ready to move it out. Further investigation also showed that the intruder was not affiliated with Mount Zion nor a member of the UCSF staff. It proves once again, if you see a suspicious character on the premises, don't hesitate. Call the UCSF Police, 476-6911. Mount Zion security is 885-7890. Police personnel also are available to counsel staff groups on safety issues — call 476-1414.

Environmental Services' James Carr

January: Good blood month after all

Blood Donor Center supervisor Jean Katz reports that January turned out to be a pretty good month in terms of blood donations, thanks to a good showing of campus and Medical Center staff.

You may have read reports in the local

(continued on page 7)